

Monique has grown up loving art. Even when she struggled with speaking, because of her autism, she drew as a way of communicating, and continued to do so throughout her life. Monique struggled with her mental health and trauma as a teenager, until she was admitted into a psychiatric ward in 2017.



Monique's love of art was always put second when thinking about her future, because she wanted to impress herself and others.

But in that psychiatric ward, she gave up on having a future at all. She spent her days there drawing, as to communicate once more, until her parents said they'd support her pursuing art. That changed everything.

Now she had a purpose and a future worth fighting for. She still struggled mentally, but things were different now.

But in 2018, Monique experienced psychosis, which led to a nearly two-month psychiatric admission. It was during that hard time she hallucinated an alien that scared her deeply. However, Monique decided to rewrite the alien from someone scary, to someone loving. This rewrite created Monique's character Pluck, who represented her own values and beliefs. Monique was diagnosed with schizoaffective disorder, which impacted her life greatly. But now Monique is trying her best and is the happiest she's been in years. Her goal is to create art and to love.

[Monique's Insta Tag](#)